



But the Fruit of the Spirit is
LOVE, JOY, PEACE, PATIENCE, KINDNESS,
GOODNESS, FAITHFULNESS, GENTLENESS and
SELF-CONTROL.

Against such things there is no law.

-Gal 5:22-23

LIVING IN THE SPIRIT

Our GOAL:

Displaying the FRUIT of the SPIRIT in our DAILY lives (aka Living IN the Spirit)!

- Put Galatians 5:22-23 to memory.

Use sign language - It really does help! (*See tagchurch.org/woven for video link*)

Fruit – right hand letter F by your mouth and twist

Spirit – middle fingers and thumbs together, and pull apart (like pulling a string)

Love – hug

Joy – both hands open toward you bouncing up and down (belly laugh)

Peace – both hands, fingers wipe away and push down (no more drama)

Patience – right thumb against nose and pull down to chin (close my mouth)

Kindness – fingers and thumbs together, rolling from heart (giving from my heart)

Goodness – palms open, right hand at chin, bring down to join left hand (similar to Thank You)

Faithfulness – 2 letter F's, 1 on forehead comes down on other then moves 'forward'

Gentleness – touch right middle finger on heart, then squish gently (tenderness of heart)

Self-Control – thumb and fist against your chest, then both hands holding reigns

Against – Left hand up, right hand against it

Things – Left fingers spread open, right index finger goes down the list

No – circles with both hands and cross over and down

Law – Left hand up, right hand makes letter L and touched top and then bottom of left hand

“The filling and the subsequent fruit of the Holy Spirit will not just change your _____;
it will change your _____!” - Beth Moore

Living IN the Spirit demands (from us):

- I. A pouring _____
- II. A pouring _____
- III. A Pouring _____

At the START your day, PRAISE and ACKNOWLEDGE WHO GOD IS! THEN...

- I. Pour OUT - _____ yourself!
 - A. _____ I John 1:9, Gal 5:16-21
Nothing that sin can give us is worth what it is taking from us! -Beth Moore
 - B. _____ Ps 62:8, Ps 139:23
Trust Him with your worries – He is your refuge!

- II. Pour IN – We _____ filling! Eph 5:18 *“Be FILLED with the SPIRIT”*
 - A. Few conditions place us at greater risk than _____. Ps 13:12
“An unsatisfied soul is a stronghold waiting to happen.”
 - B. The desire to be full is not an evil desire, but it is often a _____ desire.
Let HIM _____ you! Ps 103:2-5

- III. Pour FORTH – II Cor 3:5-6
 - A. Since you are FILLED with the Spirit, God has made you a competent _____ of the Spirit!
 - B. Competent: having the necessary ability, knowledge, or skill to do something _____ .

These 3 basic practices make Living IN the SPIRIT ‘doable’ for every one of us!

The Spirit of the living Christ lives WITHIN US! What a miracle!!

The tree is known by its fruit. Matt 12:23