

CHAPTER FIVE “HE RESTORES MY SOUL”



Heal me, Lord, and I will be healed; save me and I will be saved, for you are the one I praise. Jer 17:14

After Job had prayed for his friends, the Lord restored his fortunes and gave him twice as much as he had before. Job 42:10

And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong and steadfast. 1 Peter 5:10

Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here! 2 Cor 5:17

Come to me, all you who are weary and burdened, and I will give you rest. Matt 11:28

Restore me the joy of your salvation and grant me a willing spirit, to sustain me. Psalms 51:12

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit. Romans 15:13

But those who hope in the Lord will renew their strength. They will soar on wings like eagles. They will run and not grow weary. They will walk and not be faint. Isaiah 40:31

Cast Sheep



We can get ourselves into this position easier than we think!

TABLE DISCUSSION:

1. Talk about some of the ways we can become like a cast sheep.
2. Discuss some scenarios that can put us on our backs - struggling and trying to get back on our feet.
 - a. How do you feel in those situations?
 - b. How do you think it looks to those around you?